

# Proposal

SOUTH AFRICAN SOCIETY OF PHYSIOTHERAPY

600 delegates

#### SEPTEMBER 2024

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## **Company Profile**

A destination management company, established in 2007 specializing in day tours, overnight packages, and accommodation services throughout South Africa. Our services include conference and incentive group tours, private tours, and specialized chauffeur services. Including airport transfers.

Our knowledgeable and qualified tourist guides look forward to sharing the most amazing sights and their experiences with you on tour.

#### Our largest and most recent events organized by us amongst many smaller events.

- 2016: Nursing Conference Sigma Theta Tau 1000 people
- Since 2016: Naspers/Media24 Events and Board of Directors: One of the world's largest mediacompanies)
- 2018: Incose Conference 400 people
- 2018: Wikimania 300 people
- 2018: No-Dig conference Trenchless Technology Conf 250
- 2018/2019: AVIADEV Aviation Development Conference
- 2019: Amadeus Middle-East and Africa Conference 300
- 2023: EO global conference 1500 delegates
- 2023: ACUHO Conference 150 people
- 2024: FIP World Congress of Pharmacy & Pharmaceutical Sciences 4000 people

#### VIPs and celebrities hosted by us:

· Ricky Martin - American Latino artist

· CSA Global (Represents some of Africa's hottest celebrities, C.S.A. produces both corporate, and large-scale events)

• Herbet Hainer (Former CEO of Adidas Group and current President of FC Bayern Munich)

#### Preferred suppliers to the following organizations:

- · WESGRO Convention Bureau
- · South African Tourism

#### Membership and Accreditation:

- · SATSA Southern Africa Tourism Services Association
- · SAACI Southern Africa Association for the Conference Industry
- · WESGRO

## Winelands Tour

#### Half day (2 options) Cost min 10 pax: R825 per person Includes: Food and wine pairing, transport, and tour guide.

#### TIMELINE

#### 09:00 - Depart for Winelands region.

Breath taking natural scenery, long standing cultural heritage and world-class wine-producing estates characterized the Cape Winelands region, a tourist Mecca that always ranks highly on visitor's itineraries, summer, and winter alike. Approximately 40-50 mins away

#### 10:00 - 11:00 Walk through Stellenbosch

Walking is still the best way to explore and to soak up the beauty of the town, meet the locals and see our historic buildings and many attractions. The historic town Centre is a place of great architectural beauty. The oak-lined streets are dotted with white-washed buildings, sidewalk cafés, bistro, restaurants and pubs, gifts hops, arts and crafts, antique and other Specialty shops as well as galleries and museums.

### 11:15-12:30 - Arrive at Neetlingshof Wine Estate for a food and wine pairing.

Think vegetable samosas with mango at char, beef kebabs with roasted tomato, Prego rolls with chocolate shavings and a traditional minimal pudding with liquor education.
In summer they also dish up salmon and trout roulade salmon and trout roulade salmon and trout roulade (with the Sauvignon Blanc) which is replaced in winter with a hearty tomato soup (with their Chen in Blanc). The kids get their own pairing too, with pancakes, Burgers and sponge fingers served with juices and

milkshake.

#### 13:30 - Depart back to hotel.

#### 14:00 - Arrive at hotel.

OR

#### 13:30-Depart for Winelands region.

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#### 14:15 - 15:15 Walk through Stellenbosch

Walking is still the best way to explore and to soak up the beauty of the town, meet the locals and see our historic buildings and many attractions. The historic town Centre is a place of great architectural beauty. The oak-lined streets are dotted with white-washed buildings, sidewalk cafés, bistro, restaurants and pubs, gifts hops, arts and crafts, antique and other specialty shops as well as galleries and museums.

### 15:30 Arrive at Neetlingshof Wine Estate or a food and wine pairing.

Think vegetable samosas with mango at char, beef kebabs with roasted tomato, Prego rolls with chocolate shavings and a traditional minimal pudding with a liquor education.
In summer they also dish up salmon and trout roulade salmon and trout roulade salmon and trout roulade (with the Sauvignon Blanc) which is replaced in winter with a hearty tomato soup (with their Chen in Blanc). The kids get their own pairing too, with pancakes, burgers and sponge fingers served with juices and milkshakes.

16:45 - Depart back to hotel.

17:30 - Arrive at hotel.









#### TIMELINE

#### **09:00-Depart for Winelands region.**

Depart Cape Town on a scenic tour to the vineyards of Stellenbosch, Franschhoek and Paarl where you will embark on a full day wine tour. We show you the beauty and rolling hills of the area as established by the Dutch in the 1600's.

You may wish to experience some wine tasting which will be recommended by your guide when we stop at a winery in each location.

10:00 - 1st Wine tasting at Vrede en Lust Winery in Paarl

11:30-12:30 - 2nd Wine tasting at Haute Cabriere in

#### Franschhoek

12:30-14:00 - Lunch at Haute Cabriere in Franschhoek

15:00-16:30 - FINAL wine tasting at Neetlingshof Winery in Stellenbosch

17:30- Arrive at hotel.





## Bokaap Tour &Indian/Malay delicacies/desserts demonstration

Half Day Costs min 10 pax: R1265 per person Includes: Tour guide, transport.

#### TIMELINE

#### 13:30 - Bokaap tour

Known for its brightly colored house sand situated at the foot of Signal Hill, Bokaap is the spiritual home of the Cape's Muslim community.

The walking Bokaap tour consists of highlight like: - The Atlas Trading Co. - Monkey biz - A trip to the Auwal Mosque A walk through the Bokaap Arch

#### 15:00 - Indian/Malay cooking/baking demonstration

Enjoy the delicacies of the Indian/Malay communities which goes back may decades and discover flavors that have been influenced by India and Malaysia, held in the distinctive Cape Malay cuisine.

17:30 - Arrive at hotel.

## Cooking of Malay Cuisine (Roti & Curry)

Half Day Costs min 10 pax: R1540 per person Includes: Lunch, soft drinks, tour guide and transport.

#### TIMELINE

#### 09:00-Tour of Bokaap

Known for its brightly colored houses and situated at the foot of Signal Hill, Bokaap is the spiritual home of the Cape's Muslim community.

The walking Bokaap tour consists of high lights like:

The Atlas Trading Co.
Monkeybiz
A trip to the Auwal Mosque
A walk through the Bokaap Arch

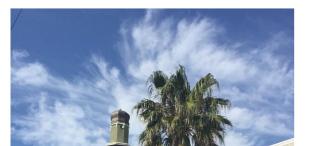
#### 11:00- Cooking demonstration and lunch

Malay cooking (Roti & Curry)

Enjoy the delicacies of the Indian/Malay communities which goes back many decades and discover flavors' that have been influenced by India and Malay, held in the distinctive Cape Malay cuisine.







#### 14:00-Arrive at hotel.



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## Cape Peninsula Tour

Full Day Cost min 10 pax: R2145 per person.

**Includes:** Tour guide, lunch, entrance fees to Cape Point (Funicular is optional) and Boulders Beach, transport.

#### TIMELINE

#### 08:30 - Depart on a Peninsula Tour

You will Embark On a wonderful private scenic tour of the Cape Peninsula to The Cape of Good Hope and Cape Point.

The route takes us through Clifton Beach, Camps Bay, The 12 Apostles, Hout Bay, and the beautiful Chapman's Peak drive.

After visiting Cape Point, the most South Westerly point of the African continent we visit the Penguin colony at Boulders beach for a close-up view of the African penguins in large numbers.

We make our way back to the hotel via Simon's Town, Fish Hoek, and Muizenberg.

(Lunch on route is included).

17:30-Arrive at hotel.





## Township tour

Half Day Cost min 10 pax: R825 per person. Includes: Tour guide & transport.

#### TIMELINE

#### 13:30 - Depart for a guided drive through District Six

On this tour you will learn more about District Six, which is a multi-working-class area just off the center of Cape Town, to the south of the Castle.

It was named the sixth district of Cape Town in 1867. Originally established as a community of freed slaves, merchants, artisans, laborers, and immigrants.

#### 16:00 - Langa Township

Construction of Langa Township, just east of Table Mountain, began in1927. It provided homes to the workers who would help build Cape Town's harbor; specifically designed to allow authorities maximum visibility and control of its residents.

At only 1.5km square, Langa is one of the smallest townships in the city.

Ten years ago, it was home to 50,000 people, but like many townships, it has grown rapidly as job opportunities in the city draw workers and families from the surrounding countryside. There are now about 80,000 people in Langa and the The township is struggling to cope.







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17:30 - Arrive at hotel.

**Full Day** 

## Township tour

Cost min 10 pax: R1705 per person Includes: Tour guide, transport, snacks on township tour and marimba band, welcome dancers.

#### TIMELINE

**08:00 - 08:45 - Depart for a guided drive through District Six** On this tour you will learn more about District Six, which is a multi working-class area just off the center of Cape Town, to the south of the Castle.

It was named the sixth district of Cape Town in 1867. Originally established as a community of freed slaves, merchants, artisans, laborers, and immigrants.

#### 09:00 -10:30 -Walking tour of Langa Township

Construction of Langa Township, just east of Table Mountain, began in1927. It provided homes to the workers who would help build Cape Town's harbor; specifically designed to allow authorities maximum visibility and control of its residents. At only 1.5km square, Langa is one of the smallest townships in the city.

Ten years ago, it was home to 50,000 people, but like many townships, it has grown rapidly as job opportunities in the city draw workers and families from the surrounding countryside. There are now about 80,000 people in Langa, and the township is struggling to cope.

## 11:00-12:00-Enjoy snack and drinks at Mzansis restaurant including Marimba band.

#### 12:30-RobbenIsland

The tour begins at the Nelson Mandela Gateway at the V&A Waterfront from where guests shop on to the ferry for a scenic trip to the island. Once on Robben Island itself, the tour is guided by a former political prisoner of the island.

17:30 - Arrive at hotel.







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## Day of Safari Splendor

#### **Full Day**

Cost min 6 pax: R2690 per person Includes: Tour guide, transport, entrance fee, lunch at Aquila Reserve and game drive.

#### TIMELINE

#### 9:00 AM - 11:00 AM - Scenic Drive:

Embark on a captivating day at Aquila Game Reserve, commencing with a comfortable pick-up from your Cape Town hotel. The expert guide ensures a seamless start to your adventure as you enjoy a scenic 2-hour drive to the reserve, witnessing ever-changing landscapes along the way.

#### 12:00 PM - 1:30 PM - Buffet Lunch:

Arriving at the reserve around 11:00 AM, you have time to explore the surroundings independently before indulging in a delectable buffet lunch at the reserve's restaurant.

#### 1:30 PM - 3:30 PM - Afternoon Game Drive:

Post-lunch, gear up for an exhilarating game drive led by experienced guides offering a close encounter with Africa's majestic animals.

#### 4:00 PM - 6:00 PM - <u>Return Journey:</u>

As the day concludes, bid farewell to the Aquila Game Reserve around 4:00 PM and reflect on your wildlife-filled experiences during the 2-hour return journey to Cape Town. The day wraps up around 6:00 PM as you arrive back in Cape Town

## 3 Nights at Mdluli lodge, in the Kruger National Park



**Day 1:** Discover iconic wildlife on an expert-led afternoon game drive. Enjoy a sundowner and sumptuous fusion dinner as the African sun sets.

**Day 2:** Witness Dawn's adventure on a captivating morning game drive. Indulge in a flavorful breakfast and explore lodge amenities. Experience spa treatments and an afternoon game drive.

**Day 3:** Celebrate wildlife and memories on a bittersweet dawn game drive. Leisure activities enchant, with a final game drive and farewell sundowner. Share stories under the African night sky.

**Day 4:** Enjoy a leisurely breakfast before departing via arranged airport transfer. Carry treasured memories from your Kruger safari at Mdluli Safari Lodge. Book now for an immersive wild experience!



Inclusions:	<ul> <li>- 3 NIGHTS ACCOMMODATION – (LUXURY -</li> <li>- ALL MEALS – (FULL BOARD).</li> <li>- SNACKS, TEAS &amp; COFFEES.</li> <li>- SELECTED ALCHOHOL DRINKS.</li> <li>- 2 GUIDED GAME DRIVES DAILY.</li> <li>- RETURN NELSPRUIT AIRPORT TRANSFEL</li> <li>- VEHICLE &amp; FUEL.</li> <li>- CONSERVATION LEVIES</li> </ul>	
Exclusions:	- ALL FLIGHTS - GRATUITIES	
PACKAGE COST	PER PERSON SHARING: SINGLE TRAVELLER:	ZAR 19500.00 ZAR 24595.00

## Thank You

